



Bread of Healing Clinic

2016 Annual Report

*“Cast Your Bread Upon the Waters,
For you Will Find It After Many Days”*

Ecclesiastes 11:1

Mission

The Bread of Healing Clinic is a free medical clinic designed to serve low-income people who experience barriers to accessing ongoing health care. We are a unique faith-based collaboration that directly addresses a crucial human need.

Locations

Cross Lutheran Church

1821 N. 16th St.
Milwaukee, WI 53205

Clinic Hours

Monday & Tuesday: 9 a.m. to 5 p.m.
Wednesday: 8:30 a.m. to 11:30 a.m.
Thursday: 1:30 p.m. to 5 p.m.
Friday: 8:30 a.m. to noon

Eastbrook Church

5385 N. Green Bay Rd.
Milwaukee, WI 53209

Clinic Hours

Monday: 12:30 p.m. to 5 p.m.
Thursday: 9 a.m. to noon
3rd Saturday of the Month:
9 a.m. to noon

All People's Lutheran Church-Havenwoods

5975 N. 40th St.
Milwaukee, WI 53209

Clinic Hours

Monday: 4:30 p.m. to 7:30 p.m.
Wednesday: 2:00 p.m. to 7:30 p.m.



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Message from Chair of the Board

Dear Friends, Donors, Supporters, Partners and Advocates:

A basic moral test of one's community is how our most vulnerable members are faring. Thanks to your generosity, our many volunteers and dedicated staff, we are striving to pass that moral test. I'm proud to say that over 1800 patients in Milwaukee, 400+ of which were new, are faring better because of the care we provided.

With your support, Bread of Healing Clinic was able to care for those in need during the more than 5300 patient visits in 2016. We work together to ensure that every person has access to the means to achieve health, recognizing that physical, emotional, social and spiritual health are intertwined and cannot be separated.

Many know of the plight of the poor and homeless, but not many know of those working poor who are struggling to provide for themselves and their families, only to find healthcare out of reach. In addition to providing medications, dental care, eye care, labs and specialty services, Bread of Healing has expanded its psychology and behavioral health services and continues to offer a health resource center, which provides social services and medical care coordination. These are critical to the treatment of the whole person, and Bread of Healing is dedicated to that mission.

I am humbled by the difference the clinics are making in the Milwaukee community. As the healthcare landscape continues to change, Bread of Healing has met each challenge by keeping that moral test in mind: How are our most vulnerable members faring?

We thank you for your support and invite you to learn more about how our clinics, staff and services are making a difference for those we serve. Free clinics continue to play such a vital role in our community to keep our patients healthy, out of the hospital, and able to provide for themselves and others.

We ask for your continued support and prayers as we meet the challenge to care for the most vulnerable, who belong to all of us.

Blessings,

Bob Feuling

Client Appreciations



“My name is Donna T. and this is the most of the mosted place. They have helped me improve my health for many years. And there is nothing I would change except making sure they Never Ever Close down.”

Jama M.

“My dad didn’t have insurance before we came to Bread of Healing for care-we were so worried about the future of health care because we couldn’t affort it - whoever helps the clinic, we appreciate their help. It’s worth the care we receive.”

“I Czerda R. was one of the first patients for the B.O.H. They helped me with my blood pressure and my ankle, shingles and advice. I also volunteered with the clinic while I was in school for Medical Assistant. Thank you B.O.H.”

“I can’t take on a \$227.00 payment right now which is what healthcare.gov is offering. I am so thankful to this clinic for everything they’ve done that helped me tremendously and thankful beyond words that they are here.” Zon W.

“I would have had health care after my retirement but did not have the requisite number of sick days or sick time. I used up my sick days on eye surgery and later alcoholic behavior. When I retired at 58 yrs old I was in fairly good health. I had taken care of myself before starting to drink heavily at 50 yrs old. I enrolled in the AHC but found the premiums were more than the benefits. At 63 due to excessive drinking I developed a heart arrhythmia Ab-Fib. A friend told me about Bread of Healing Clinic where I received doctor’s care and free medicine. My heart is a little better. Over the past year I stopped drinking for 6 months that relapse for. Love”

“I’ve been coming here since I lost my job. Hence No insurance. It’s taken me about a year to get one and during that time the clinic has been like an angel. I’m not sure with my medical problems I would still be here right now. The staff is professional and very caring and polite. I can’t say enough about how important this clinic has been for me. I even got my tooth pulled during that time. I’m here today for the last time I believe since I had my final interview for a national company and this went well. In closing, this clinic has made a difference in my life and had to have come straight from Heaven. Thank you so much.” Joseph G.

“Hi my name is Constance L. I came to the clinic several years ago. Mt. Sinai referred me and I thank them for that and God that have helped me so much, even with dental. When I came to the clinic there was nothing but love when you come and when you go. And let’s not leave out the wonderful doctors and nurses. Thank God for Bread of Healing Clinic. Do not mind taking a picture for the clinic.”

*“To: Dr. Shapiro, the excellent caring nurses,
Paul; the outstanding pharmacist
I am writing this letter to inform you of the changes that have
taken place regarding my Health Care. I now have insurance
through the Market Place (Common Ground).
I am back with my regular doctor (Dr. W.) and I have had all of my
blood work for the next 6 months including a mammogram.
I am pleased to inform you that all is well.
I would like to take this moment to say Thank You. When it
comes to health care you are the best. I regret the fact that I
have to move on when I was so comfortable with my care. I can’t
express my gratitude enough to all of you.
Dr. Shapiro, I hated coming to see you because you would not
scratch the surface with me when you knew that there was more
going on. I (Hated) hearing the Truth, and I Thank You for being
caring and doing an Excellent Job. If you keep training the
nurses and caring about your patients as you do I know that your
spot in Heaven is waiting on you, (Not yet though, God has plenty
of work for you to complete).”*



Volunteer Reflections

“My name is Katherine Nguyen and I am completing a year of service with BOH through the Jesuit Volunteer Corps (JVC) serving as a charge/triage RN at Bread of Healing Clinic (BOH).

My role is multifaceted and includes day-to-day clinical work, coordination of follow up care for patients with complex health and social issues and coordination of services with BOH’s other community partners.

Upon reflection, the impact I hope to share with my patients is to help them become independent in managing their health. I am amazed at the resilience of our clients; how they cope with hardships associated with unemployment, substance abuse, acute and chronic illness and their ability to work toward self-care which includes incorporating and implementing health information and education provided by the BOH team of professionals.

I feel so fortunate to be in a position where people share their stories with me and to work in a place where our patients genuinely enjoy and benefit from the environment and look forward to seeing us. We are able to offer our clients a level of stability they may not have in other areas of their lives. We are here in the community to serve them and they know we can be relied upon.”



2016-17 Lutheran Volunteer Corps and our Lead Pharmacist



Behavior Health Student Counselor

“I have been a volunteer at Bread of Healing for 5 years. This past year I have increased my involvement with patient care. One of the patients that I have been involved with has really made an impression on me.

The gentleman had high blood pressure, diabetes and joint discomfort all of which made worse by obesity; he weighed 378 pounds.

At each visit we discussed his interest in losing weight and once he made the commitment to improve his health the support of the pharmacist, nurse and physician were invaluable.

At monthly visits we discussed the exercise he was doing and the results he was experiencing with his dietary changes.

He has lost 78 pounds, reduced his medication and is feeling better!

He celebrated this weight loss milestone with the staff; thanking them for the support and encouragement he has received.

I am very appreciative that BOH has allowed me to involve myself in this patient’s care.”

Betty

Professional Staff Dedication

“There is a three-fold vision for the Behavioral Health Department at the BoHC. First, we insure that there are counselors available to provide services to any patient of the clinic. This goal is met by having interns available onsite at all three clinics. We also have a Program Coordinator, a former BoHC intern. Secondly, we work collaboratively with the medical, dental, nursing and social service department to create an integrated services approach using a trauma-informed lens. By integrating the whole BoHC wellness system, we collectively are able to provide all patients with services that work to heal the body, mind and spirit. The third goal is met through an active effort to reach out to the community, seeking connections and resources for our patients. We are always looking for ways to keep the community informed about the unique manner in which we serve the uninsured.

An example of how the three-fold vision came together to meet the needs of BoHC patients was last year a woman was being seen in the dental clinic. She had been a long-time patient of the medical services but this was her first dental appointment. The dentist noticed that her patient was breathing very shallowly and asked if she was okay. The patient said she was fine. Soon as the exam started the patient began to cry. The dentist stopped working immediately but the patient continued to be tearful and upset and unable to share what was going on with her. Our clinic director, Rick Cesar, found a member of the behavioral health team to assist the patient. Within a few minutes of working with a behavioral health intern using trauma informed techniques for mindfulness, yogic breathing, and carefully selected words the patient was able to regain control of her emotions. She shared that as a teenager she had a very traumatizing experience at a dentist and had not been to one since. And, even though the BoHC dentist was very gentle, the patient was highly triggered. Through the onsite availability of counseling, we were able to meet the immediate needs of a patient in crisis. After the immediate crisis was resolved, the dentist was also able to speak with the BH counselor about the impact of how a prior unaddressed traumatic experience still can hold control over a patient.

As for the program growth and community outreach experienced during this year, there are several exciting new relationships that have developed. We are providing supportive services for a workforce development agency. Another community agency included the BoHC behavioral health department in a grant to develop support groups, in order to expand participant support systems by working through issues of community-based and historical trauma by learning from agency elders and most recently interns started working with a homeless shelter to facilitate groups for program participants.”

*S. Michele Cohen, PhD, LPC, LCPC
Bread of Healing-Director Behavioral Health*

Year in Review Financials

Bread of Healing, Inc. Statements of Activities For The Years Ended December 31, 2015 & 2016

Revenue	2016 Total	2015 Total
Contributions - Individuals	\$79,651	\$104,203
Contributions - Churches	59,607	54,765
Contributions - Contracts	101,758	128,147
Contributions - Grants & Foundations	507,464	565,174
Contributions - Government Grants	84,632	96,270
Contributions - FC-3 Income	85,525	61,100
Medication Reimbursement	20,879	20,463
Miscellaneous Income	1,781	2,638
Total Revenue	941,297	1,032,760
Expenses		
Labor	603,426	564,640
Drugs and Supplies	39,841	51,499
Office Expenses & Supplies	56,039	37,599
Financial Expenses	22,664	18,879
Board Expense	23,278	28,104
Miscellaneous Expenses	1,404	2,060
Depreciation	7,202	7,572
Total Expenses	753,854	710,353
Change in Net Assets	187,443	322,407
Net Assets, Beginning of Year	756,623	434,216
Net Assets, End of Year	\$944,066	\$756,623

Note: significant Cash and Cash Equivalents are held by the Clinic to fund future contracted program expenses, including expenses through 2019.

Bread of Healing, Inc. Statements of Activities

For The Years Ended December 31, 2015 & 2016

Assets		
Current Assets	2016	2015
Cash and Cash Equivalents	\$787,360	\$515,427
Accounts Receivable	92,863	160,585
Inventory	12,320	18,561
Prepaid Expense	5,352	5,269
Total Current Assets	897,895	699,842
Fixed Assets		
Fixed Assets	96,762	96,762
Less Accumulated Depreciation	(61,707)	(54,505)
Net Fixed Assets	35,055	42,257
Other Assets		
Beneficial interest held by another organization	53,053	41,759
Total Other Assets	53,053	41,759
Total Assets	\$986,003	\$783,858
Liabilities and Net Assets		
Current Liabilities		
Accounts Payable	\$8,773	\$5,417
Other Current Liabilities	33,164	21,818
Total Current Liabilities	41,937	27,235
Net Assets		
Unrestricted Net Assets	(96,395)	(59,484)
Temporarily Restricted Net Assets	1,040,461	816,107
Total Net Assets	944,066	756,623
Total Liabilities and Net Assets	\$986,003	\$783,858

Donor Recognition

The Bread of Healing Clinic depends upon and is immensely grateful for the generous and much needed continuing support of our individual and United Way individual donors. Knowing that these donors have made the choice to walk with us and care about our mission means the world to us. Thank you!

Donors \$10,000 or more

Aurora Health Care Better Together Fund, facilitated by the Greater Milwaukee Foundation
Aurora Health Care Philanthropy
Delta Dental
Eastbrook Church
Greater Milwaukee Foundation
Keenan Trust
Milwaukee Health Care Partnership
United Way of Greater Milwaukee & Waukesha County /
Milwaukee Health Care Partnership
United Way of Greater Milwaukee & Waukesha County / Partnership Grant
Unity Lutheran Church - Brookfield
Zilber Family Foundation

Donors \$1,000 to \$9,999

Catholic Community Foundation
Crossroads Presbyterian Church
First Presbyterian Church
Fox Point Lutheran Church
Greater Milwaukee Dental Assoc
Greater Milwaukee Foundation - Lindsay Foundation
Immanuel Presbyterian Church
Jane Bradley Pettit Foundation
Kasdorf Family Trust
Maas Foundation, Inc
Our Lady of Lourdes
St Elizabeth Ann Seton Parish
St Sebastian Congregation
Stackner Family Foundation
Wisconsin Dental Assoc Foundation

Donors up to \$999

Community Health Charities
Ecumenical Partners in Christ
Faith Presbyterian Church, Inc
Felss Rotaform, Inc
Goodshop
Herbert Kohl Charities
Schneider Electric
St James Congregation
St Martins of Tours Parish
The Benevity Comm Impact Fund

Bread of Healing Board of Directors and Leadership Directory

Jay Blankenship
Board Member

Janet Jenkins
Board Member

Rick Cesar, RN
Staff, Finance, Management

Joe Kaylor
Board Member

Mark Chelmowski, MD
Board Member

Darcy Lorenzon
Board Member

Heather Dummer-Combs
Board Member

Ane Ohm
Board, HR, Management

Bob Feuling
Board President

Kwadwo Owusu-Ofori
Board Member

Eric Gravenkamp
Board Vice President

Joan Schilke
Board Treasurer

Jenny Gryniewicz
Staff, Fund Development

Nicole Singleton
Board Secretary

Ania Horner
Board Member

Evelyn Williams
Board Member
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Barb Horner-Ibler, MD
Staff, HR, Management

Tom Jackson, MD
Board Emeritus,
Management, Finance

